



**Incoming Freshman 2023  
Information Session/Course Selection**

# HMBHS Counselors



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# Graduation Requirements

- English - 40 credits
- Social Studies - 40 credits
- Math - 30 credits
- Science - 20 credits
- Physical Education - 20 credits
- Art/World Language - 10 credits
- Electives - 70 credits (7 classes)
- Community Service 35 hours

**5 credits = 1 semester, 10 credits = 1 year**

- Freshman are required to take a minimum of 6 courses
- Student Planning Guide (SPG):  
[https://hmbhs.cabrillo.k12.ca.us/students/student\\_planning\\_guide](https://hmbhs.cabrillo.k12.ca.us/students/student_planning_guide)

# A-G Requirements

## 4-year University Eligibility

- (A) History - 2 years
- (B) English - 4 years
- (C) Math - 3 years (at least Algebra II) 4 years recommended
- (D) Science - 2 years (1 year of life science and 1 year of physical science) 4 years recommended
- (E) Language other than English - 2 years; 3 years recommended \*Same language\*
- (F) Visual/Performing Arts - 1 year
- (G) College-preparatory Elective - 1 year

- A-G classes require a "C" grade or higher.
- A-G College Prep/Readiness is essential!
- UC/CSU eligibility
- Check Page 11 of SPG for comparison graph

# SAT and ACT

- PSAT taken 10th and 11th grade
- SAT/ACT should be taken during the Spring Semester of 11th grade



# Extracurricular Activities and Other Campus Activities

- Clubs
- Sports
- Tutoring
- Assemblies
- Open Campus
- And more!

Also feel free to ask us questions  
student life or classes in general.

# Freshman Social Studies Life Skills & Ethnic Studies

Required for all Freshmen Students

- **State Requirements (Life Skills)**

- Academic Skills
- Drugs & Alcohol Prevention
- Human Sexuality
- Media Literacy
- Driver Education

- **Ethnic Studies**

- This class expands students' awareness of the role of ethnic groups in a diverse American society in order to build community and solidarity across various groups and differences



# Freshman English



- English I
- English I Advanced
  - Current teacher approval and an “A” grade in 8<sup>th</sup> grade English



# Physical Education

- Core 9th PE (Freshman year)  
Required Course



# Math Department

Math Courses are Recommended by Current Math Teacher

- Strategic Algebra Support
- Algebra I
- Geometry- requires math teacher approval; C- or higher in (Algebra I or Common Core Accelerated Math)

# Science

- **Earth Science (Physical)**

- Concurrently taken with Algebra I

- **Biology (Life)**

- Concurrently taken with Geometry
- C- or better in Algebra I
- C- or better in previous science or agriculture course
- Current Science teacher approval



# Science SPG Info

\*The science department recommendation is that students all start out with Earth Science in 9th grade.

Reasons we would suggest starting in Biology are:

- 1) If a student wants to take AP Physics in grade 12
- 2) If a student wants to take multiple advanced science classes in grades 11/12. To start in Biology, students need to have met all the prerequisites.

# Agricultural Science (CTE)

- **Agri-Earth Science (Physical)**
  - CTE Credit
- **Agri-Biology Science (Life)**
  - CTE Credit
  - Concurrent with Alg I



# Art Department

## Art Spectrum:

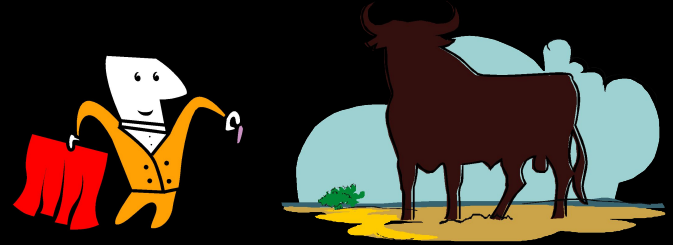
Intro to all Art courses

Students can then take  
higher level courses in  
Sculpture II, Art II/III,  
Digital Art I/II, etc.





# Español



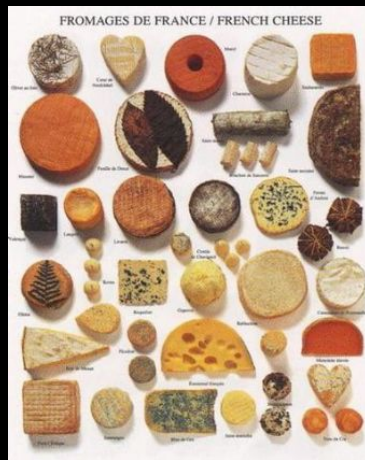
## □ Middle School

- Spanish I

- 1<sup>st</sup> time Spanish students

- Spanish for Spanish Speakers I

- Native speakers & Immersion students



# Classes de Français

## French I (Intro Class)

# Building Trades & Construction (CTE)

- (CTE) Introduction to Building Construction and Trades
- (CTE) Intermediate Cabinetry, Millwork, and Woodworking
- (CTE) Advance Cabinetry, Millwork, and Woodworking (Capstone Course)
- Small Gas Engines

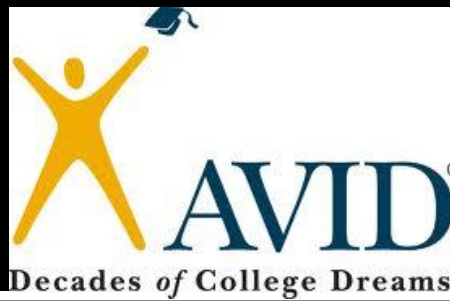
**The Career Technical Education (CTE) Building Trades and Construction pathway** includes the following courses: Introduction to Building Construction and Trades, Advanced Cabinetry, Millwork, and Woodworking as a capstone, and Intermediate Cabinetry, Millwork, and Woodworking. This pathway includes participation in SkillsUSA program is a curriculum that helps prepare students in the workplace through personal skills, workplace skills and technical skills embedded in academics. Students will also participate in SkillsUSA competitions at the Regional, State and National levels.



# Music Department

- Beginning Music- (will learn music reading, writing, rhythm, and basic skills on instruments.) No auditions required.
- Concert Band- All incoming freshmen will be placed in this class if band is selected at time of registration.
- Chorale- Participation in performance is required! \$150 material/maintenance donation is requested.

# AVID



AVID is a program for students who want to attend a 4-year university.

It's a class that requires dedication, determination, and hard work.

**Interested students must complete an AVID application.**

- **AVID 1**

- Designed to prepare students for the rigor involved with succeeding at a four-year university.
- It is a 4-year commitment and you need a 2.0 GPA



# Resource/Special Education

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- For students who have been assessed and have IEPs (Individual Educational Plans)
- Courses determined by case manager (at Middle School) based on IEP



# Schedules \*\*9th = MUST TAKE 6 CLASSES MINIMUM\*\*

- \*\*Typical Freshman Schedule\*\*
- English 1 (or Adv English 1 \*if you meet prereqs)
- Freshman Life Skills/Ethnic Studies
- Math (Strategic Algebra Supports or Algebra 1 or Geometry \*if you meet prereqs)
- Science (Earth Science or Agri-Earth / Biology or Agri-Bio\*if you meet prereqs)
- Core 9th PE (Mandatory)
- Elective (World Language/Art etc.)

# Course Request Forms: DUE BY FEB 10th 2023

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Forms are due in the counseling by:

February 10th, 2023

If you don't turn in your course request with all signatures by due date, classes may not be guaranteed.

There will be NO SCHEDULE CHANGES!

# Course Request Guidelines

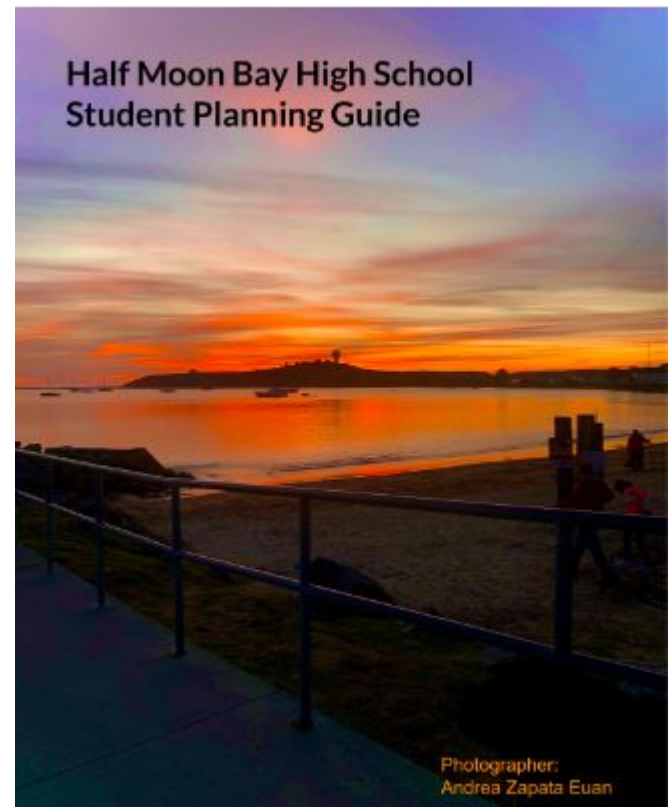
- You MUST fill out this form with your parents/guardians because at the end of the form you need parent approval.
- Course requests that do not have a parent/guardian signature, you might not get into the classes you are selecting. Counselors will make schedules based on transcripts and previous grades and also based on counselor discretion.

# Course Request Guidelines

- Additional Forms: AP/Adv. Courses and some courses (AVID, Leadership, etc.) require additional applications or contracts - please ensure you fill out those forms as well. Teachers of these courses will schedule a time to visit Cunha.
- If you are taking AP/Advanced Courses you must also fill out the AP/Adv Contract Form
- If you are taking ADV/AP courses, you will be required to **complete summer work** due at the beginning of next school year.

# Student Planning Guide

- Located under Student Tab on our HMBHS Website!  
[https://hmbhs.cabrillo.k12.ca.us/students/student\\_planning\\_guide](https://hmbhs.cabrillo.k12.ca.us/students/student_planning_guide)
- Please check out our website for a lot more information about our school!  
[https://hmbhs.cabrillo.k12.ca.us/students/student\\_planning\\_guide](https://hmbhs.cabrillo.k12.ca.us/students/student_planning_guide)



# Registration

To register/enroll online : [https://www.cabrillo.k12.ca.us/our\\_departments/student\\_services/enrollment\\_registration](https://www.cabrillo.k12.ca.us/our_departments/student_services/enrollment_registration) scroll all the way to the bottom under New Family Registration and click on REGISTER. .

If you have any questions about registration please email our Registrar, Ms. Alvarez [alvarezm@cabrillo.k12.ca.us](mailto:alvarezm@cabrillo.k12.ca.us)

## Preparing for Online Enrollment

Please have the following documents ready to upload:

- ❖ Birth Certificate
- ❖ Immunization Record
- ❖ Current Driver's License of Parent
- ❖ Proof of Residency - The list below contains the acceptable items to establish residency. You only need 1 item from the list.
  - Current vehicle registration that matches the driver's license submitted
  - Current employee check stub with current address
  - Voter registration card
  - Utility bill: current electricity, gas or water bill with current address



**\*In August you will need to review your enrollment information during our ANNUAL UPDATE and sign additional documents for registration ONLINE before student receives their schedule. Please write down your username and password that you create for the parent portal. You will need this to do the ANNUAL UPDATE in the fall.**

*You will receive an email that your application has been processed. Enrollment will not be complete and your student will not be registered if we do not receive all of the above documentation.*



# In Conclusion...

- Detailed course information can be found in our 2023-2024 Student Planning Guide which is available on the HMBHS counseling Website
- Questions